

Percent of Children (Ages 5 to 17 Years) Who Have Been Experiencing Feelings of Sadness and Depression.

Los Angeles County Health Survey, 2023.

	Daily or Weekly			Monthly or A few Times a Year			Never			
	Percent	95% CI	Estimated #	Percent	95% CI	Estimated #	Percent	95% CI	Estimated #	
LA County	5.7%	4.9 - 6.4	84,000	31.9%	30.3 - 33.6	474,000	62.4%	60.7 - 64.1	926,000	
CHILD CHARACTERISTICS										
Gender										
Male	4.5%	3.5 - 5.5	34,000	30.4%	28.1 - 32.7	229,000	65.1%	62.7 - 67.5	491,000	
Female	6.7%	5.5 - 8.0	49,000	33.5%	31.1 - 35.9	243,000	59.8%	57.3 - 62.3	434,000	
Age Group										
5	*	4.1%	0.7 - 7.4	4,000	16.9%	11.5 - 22.2	16,000	79.1%	73.1 - 85.1	75,000
6-11		3.6%	2.6 - 4.6	23,000	25.8%	23.4 - 28.1	166,000	70.6%	68.1 - 73.1	455,000
12-17		7.6%	6.4 - 8.8	57,000	39.2%	36.8 - 41.6	292,000	53.2%	50.8 - 55.7	397,000
Age Group										
5	*	4.1%	0.7 - 7.4	4,000	16.9%	11.5 - 22.2	16,000	79.1%	73.1 - 85.1	75,000
6-17		5.8%	4.9 - 6.6	80,000	33.0%	31.2 - 34.7	458,000	61.3%	59.5 - 63.1	852,000
Race and Ethnicity										
Latinx	5.4%	4.4 - 6.4	49,000	29.5%	27.4 - 31.6	266,000	65.1%	63.0 - 67.3	587,000	
NH White	8.9%	6.2 - 11.5	21,000	38.0%	33.5 - 42.5	90,000	53.2%	48.5 - 57.8	126,000	
NH Black or African American	7.2%	3.9 - 10.5	8,000	26.8%	21.2 - 32.4	28,000	66.0%	59.9 - 72.2	69,000	
NH Asian	*	1.2%	0.2 - 2.3	2,000	39.3%	34.1 - 44.6	60,000	59.4%	54.1 - 64.7	90,000
NH Native Hawaiian or Pacific Islander	-	- - -	-	*	30.1%	9.3 - 50.9	3,000	59.5%	37.3 - 81.7	6,000
NH American Indian or Alaska Native	-	- - -	-	*	36.5%	2.6 - 70.3	1,000	* 53.9%	18.9 - 88.8	2,000
NH Multi-Racial or Other Race	5.2%	2.3 - 8.0	4,000	35.6%	28.3 - 42.9	25,000	59.2%	51.7 - 66.7	41,000	
RESPONDENT CHARACTERISTICS										
Current Gender										
Male	5.4%	4.1 - 6.8	28,000	31.5%	28.7 - 34.4	166,000	63.1%	60.1 - 66.0	331,000	
Female	5.8%	4.8 - 6.8	53,000	32.0%	30.0 - 34.1	295,000	62.2%	60.0 - 64.3	573,000	
Transgender male	-	- - -	-	-	- - -	-	-	- - -	-	
Transgender female	-	- - -	-	-	- - -	-	-	- - -	-	
Gender non-binary/non-conforming/Queer	-	- - -	-	*	54.5%	18.5 - 90.5	2,000	* 40.4%	4.7 - 76.1	1,000
Another identity	-	- - -	-	-	- - -	-	-	- - -	-	
Prefer not to state	*	5.6%	0.7 - 10.5	2,000	33.6%	22.4 - 44.8	11,000	60.8%	49.2 - 72.3	19,000
Age Group										
18-24		6.6%	3.0 - 10.1	5,000	39.3%	32.2 - 46.4	31,000	54.1%	47.0 - 61.3	43,000
25-29	*	5.3%	2.0 - 8.7	4,000	21.9%	15.4 - 28.4	15,000	72.8%	65.7 - 79.8	50,000
30-39		3.8%	2.6 - 5.1	16,000	29.3%	26.2 - 32.5	120,000	66.8%	63.6 - 70.1	273,000
40-49		5.6%	4.3 - 6.9	33,000	32.6%	29.9 - 35.3	191,000	61.8%	58.9 - 64.6	361,000
50-59		8.1%	5.9 - 10.3	19,000	38.4%	34.2 - 42.5	90,000	53.5%	49.3 - 57.8	125,000
60-64	*	5.6%	1.1 - 10.0	2,000	29.6%	19.7 - 39.5	11,000	64.8%	54.5 - 75.1	24,000
65 or over	*	8.5%	3.3 - 13.8	4,000	21.9%	14.6 - 29.1	11,000	69.6%	61.3 - 78.0	34,000
Race and Ethnicity										
Latinx	5.3%	4.3 - 6.3	45,000	28.7%	26.6 - 30.9	244,000	66.0%	63.8 - 68.2	561,000	
Foreign born	4.7%	3.3 - 6.1	19,000	28.2%	25.1 - 31.4	114,000	67.1%	63.8 - 70.4	271,000	
US born	5.7%	4.3 - 7.2	26,000	29.2%	26.3 - 32.0	130,000	65.1%	62.1 - 68.1	290,000	
NH White	8.5%	6.2 - 10.7	25,000	40.3%	36.2 - 44.4	117,000	51.3%	47.1 - 55.4	148,000	
Foreign born	*	8.7%	3.1 - 14.4	6,000	35.3%	26.5 - 44.0	23,000	56.0%	46.9 - 65.1	36,000
US born	8.4%	6.0 - 10.8	19,000	41.8%	37.1 - 46.4	94,000	49.8%	45.1 - 54.6	112,000	
NH Black or African American	8.0%	4.6 - 11.5	9,000	23.7%	18.4 - 29.1	26,000	68.2%	62.2 - 74.2	74,000	
Foreign born	-	- - -	-	*	14.2%	4.2 - 24.2	2,000	85.0%	74.8 - 95.2	12,000
US born	9.1%	5.2 - 13.0	9,000	25.1%	19.2 - 31.0	24,000	65.8%	59.2 - 72.4	62,000	
NH Asian	*	1.6%	0.5 - 2.7	3,000	36.7%	31.9 - 41.6	65,000	61.7%	56.8 - 66.5	109,000
Foreign born	*	1.7%	0.4 - 3.0	2,000	36.4%	30.9 - 41.9	50,000	61.9%	56.4 - 67.4	85,000
US born	-	- - -	-	37.9%	27.8 - 48.1	15,000	60.9%	50.7 - 71.0	25,000	
NH Native Hawaiian or Pacific Islander	-	- - -	-	32.3%	14.0 - 50.6	4,000	62.8%	43.7 - 81.9	8,000	
NH American Indian or Alaska Native	-	- - -	-	*	47.4%	11.7 - 83.2	2,000	-	- - -	-
NH Multi-Racial or Other Race	*	6.3%	0.9 - 11.8	2,000	45.2%	32.8 - 57.6	12,000	48.5%	35.8 - 61.1	13,000
Education										
Less than high school	5.4%	3.6 - 7.2	13,000	26.3%	22.4 - 30.2	64,000	68.3%	64.2 - 72.4	167,000	
High school	4.5%	3.0 - 6.1	11,000	27.9%	24.2 - 31.6	69,000	67.6%	63.7 - 71.4	168,000	
Some college or trade school	6.1%	4.5 - 7.6	26,000	30.3%	27.3 - 33.4	131,000	63.6%	60.4 - 66.8	274,000	
College or post graduate degree	6.0%	4.6 - 7.4	33,000	37.6%	34.7 - 40.4	208,000	56.5%	53.6 - 59.4	313,000	

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	Percent	95% CI	Estimated #	Percent	95% CI	Estimated #	Percent	95% CI	Estimated #
Federal Poverty Level									
0-99% FPL	6.9%	5.2 - 8.7	20,000	25.6%	22.6 - 28.6	75,000	67.5%	64.2 - 70.8	197,000
100%-199% FPL	4.6%	3.3 - 6.0	21,000	30.2%	27.0 - 33.5	135,000	65.1%	61.8 - 68.5	291,000
200%-299% FPL	5.9%	3.6 - 8.3	13,000	28.9%	24.7 - 33.1	62,000	65.2%	60.7 - 69.6	139,000
300% or above FPL	5.7%	4.4 - 7.1	30,000	38.0%	35.2 - 40.9	203,000	56.3%	53.4 - 59.2	300,000
Supervisorial District									
District 1	4.5%	3.1 - 5.9	13,000	29.9%	26.5 - 33.3	83,000	65.6%	62.0 - 69.1	182,000
District 2	5.5%	3.8 - 7.3	18,000	29.6%	26.1 - 33.1	95,000	64.9%	61.2 - 68.6	208,000
District 3	7.1%	4.9 - 9.3	18,000	33.9%	29.5 - 38.4	88,000	59.0%	54.4 - 63.6	153,000
District 4	4.6%	3.3 - 5.9	16,000	29.6%	26.4 - 32.8	101,000	65.8%	62.4 - 69.1	225,000
District 5	6.8%	4.7 - 9.0	19,000	37.5%	33.5 - 41.5	107,000	55.7%	51.5 - 59.8	159,000
Service Planning Area									
Antelope Valley	5.2%	2.7 - 7.6	4,000	34.4%	29.2 - 39.7	28,000	60.4%	55.0 - 65.8	48,000
San Fernando	6.5%	4.3 - 8.7	21,000	33.3%	29.0 - 37.6	106,000	60.2%	55.7 - 64.7	192,000
San Gabriel	5.6%	3.8 - 7.4	14,000	34.7%	31.1 - 38.3	86,000	59.7%	56.0 - 63.5	147,000
Metro	5.9%	3.2 - 8.5	8,000	35.1%	29.0 - 41.1	46,000	59.0%	52.9 - 65.2	77,000
West	9.2%	5.6 - 12.7	6,000	39.2%	33.1 - 45.3	27,000	51.7%	45.5 - 57.8	36,000
South	5.6%	3.7 - 7.6	11,000	26.2%	22.3 - 30.1	49,000	68.1%	64.0 - 72.3	128,000
East	5.0%	3.4 - 6.7	11,000	26.9%	23.3 - 30.6	58,000	68.0%	64.2 - 71.9	147,000
South Bay	4.2%	2.3 - 6.2	10,000	31.5%	26.9 - 36.1	74,000	64.3%	59.5 - 69.0	151,000
Health District									
Alhambra	* 6.2%	2.2 - 10.3	3,000	39.1%	30.6 - 47.6	18,000	54.7%	46.0 - 63.4	25,000
Antelope Valley	5.2%	2.7 - 7.6	4,000	34.4%	29.2 - 39.7	28,000	60.4%	55.0 - 65.8	48,000
Bellflower	* 5.4%	0.7 - 10.0	3,000	31.6%	22.1 - 41.1	16,000	63.0%	53.1 - 72.9	32,000
Central	-	- - -	-	40.7%	25.0 - 56.4	13,000	56.6%	40.8 - 72.3	18,000
Compton	* 5.2%	1.1 - 9.4	3,000	16.8%	8.7 - 25.0	8,000	77.9%	69.1 - 86.7	38,000
East LA	-	- - -	-	* 10.0%	2.6 - 17.3	3,000	85.4%	76.6 - 94.3	23,000
East Valley	-	- - -	-	38.4%	25.7 - 51.2	17,000	57.4%	44.4 - 70.3	25,000
El Monte	-	- - -	-	28.9%	18.9 - 38.9	14,000	67.0%	56.5 - 77.5	32,000
Foothill	* 7.5%	2.0 - 12.9	3,000	41.1%	32.0 - 50.2	18,000	51.4%	42.2 - 60.7	23,000
Glendale	* 11.5%	3.0 - 20.1	5,000	33.4%	21.5 - 45.4	14,000	55.0%	42.2 - 67.8	23,000
Harbor	-	- - -	-	23.7%	11.3 - 36.1	7,000	71.6%	58.5 - 84.7	21,000
Hollywood-Wilshire	* 6.0%	0.5 - 11.5	3,000	36.2%	25.1 - 47.2	16,000	57.8%	46.4 - 69.2	26,000
Inglewood	* 6.4%	1.4 - 11.4	4,000	27.3%	18.6 - 36.1	19,000	66.3%	56.8 - 75.8	45,000
Long Beach	* 4.4%	1.7 - 7.1	3,000	33.2%	25.6 - 40.8	23,000	62.4%	54.5 - 70.2	43,000
Northeast	7.6%	3.9 - 11.3	4,000	30.9%	24.5 - 37.3	17,000	61.5%	54.7 - 68.4	33,000
Pasadena	* 12.7%	0.8 - 24.6	2,000	36.3%	19.3 - 53.2	6,000	51.0%	32.9 - 69.2	8,000
Pomona	4.0%	2.7 - 5.2	4,000	32.2%	27.8 - 36.5	30,000	63.9%	59.4 - 68.4	59,000
San Antonio	6.3%	4.5 - 8.1	6,000	26.2%	23.1 - 29.3	23,000	67.5%	64.1 - 70.9	60,000
San Fernando	* 4.8%	1.1 - 8.6	5,000	32.4%	24.3 - 40.6	30,000	62.7%	54.2 - 71.2	58,000
South	* 7.1%	2.2 - 12.0	3,000	28.2%	19.0 - 37.4	13,000	64.7%	55.1 - 74.3	30,000
Southeast	* 3.0%	1.0 - 5.0	1,000	30.0%	21.3 - 38.6	10,000	67.0%	58.4 - 75.7	23,000
Southwest	6.3%	3.2 - 9.4	4,000	30.5%	25.1 - 35.9	18,000	63.2%	57.5 - 68.9	36,000
Torrance	-	- - -	-	37.3%	28.3 - 46.3	26,000	61.0%	51.9 - 70.1	42,000
West	9.2%	5.6 - 12.7	6,000	39.2%	33.1 - 45.3	27,000	51.7%	45.5 - 57.8	36,000
West Valley	6.8%	3.6 - 10.0	10,000	32.3%	26.1 - 38.4	46,000	60.9%	54.5 - 67.3	86,000
Whittier	-	- - -	-	32.6%	22.7 - 42.6	16,000	64.7%	54.6 - 74.9	32,000

Source: 2023 Los Angeles County Health Survey; Office of Health Assessment and Epidemiology, Los Angeles County Department of Public Health.

Note: Estimates are based on data collected from a random sample of 7,391 Los Angeles County children, representative of the child population in Los Angeles County. Data were reported by an adult sufficiently knowledgeable about the health and daily routines of the child. The 95% confidence intervals (CI) represent the variability in the estimate due to sampling; the actual prevalence in the population, 95 out of 100 times sampled, would fall within the range provided.

*The estimate is statistically unstable (relative standard error >30%) and therefore may not be appropriate to use for planning or policy purposes.

-For purposes of confidentiality, results with cell sizes less than 5 are not reported.

1. NH = Non-Hispanic (excludes any mention of Hispanic). Latinx includes respondents of any race. Race and ethnicity is recorded based on the Los Angeles County Department of Public Health Standard of Practice for collecting and reporting race and ethnicity data.

2. Based on U.S. Census 2022 Federal Poverty Level (FPL) thresholds which for a family of four (2 adults, 2 dependents) correspond to annual incomes of \$27,750 (100% FPL), \$55,500 (200% FPL), and \$83,250 (300% FPL). [These thresholds were the values at the time of survey interviewing.]