

Percent of Children (Ages 5 to 17 Years) Who Have Been Experiencing Feelings of Worry, Nervousness, or Anxiety.

Los Angeles County Health Survey, 2023.

	Daily or Weekly			Monthly or A few Times a Year			Never		
	Percent	95% CI	Estimated #	Percent	95% CI	Estimated #	Percent	95% CI	Estimated #
LA County	14.3%	13.1 - 15.6	213,000	41.4%	39.6 - 43.2	615,000	44.3%	42.5 - 46.1	658,000
<b>CHILD CHARACTERISTICS</b>									
<b>Gender</b>									
Male	12.4%	10.8 - 14.0	93,000	40.5%	38.0 - 43.0	306,000	47.1%	44.6 - 49.7	356,000
Female	16.1%	14.3 - 18.0	117,000	42.5%	40.0 - 45.1	309,000	41.3%	38.8 - 43.9	300,000
<b>Age Group</b>									
5	11.2%	6.1 - 16.2	11,000	29.3%	22.6 - 36.0	28,000	59.5%	52.1 - 66.9	56,000
6-11	12.9%	11.1 - 14.8	83,000	38.6%	35.8 - 41.3	249,000	48.5%	45.7 - 51.3	313,000
12-17	16.0%	14.2 - 17.7	119,000	45.4%	42.9 - 47.8	338,000	38.7%	36.3 - 41.0	288,000
<b>Age Group</b>									
5	11.2%	6.1 - 16.2	11,000	29.3%	22.6 - 36.0	28,000	59.5%	52.1 - 66.9	56,000
6-17	14.6%	13.3 - 15.8	202,000	42.2%	40.4 - 44.0	587,000	43.2%	41.4 - 45.1	601,000
<b>Race and Ethnicity</b>									
Latinx	13.5%	12.0 - 15.0	121,000	39.1%	36.9 - 41.4	353,000	47.4%	45.1 - 49.7	427,000
NH White	21.8%	17.9 - 25.6	52,000	47.4%	42.7 - 52.1	112,000	30.8%	26.5 - 35.1	73,000
NH Black or African American	14.9%	10.4 - 19.5	16,000	34.6%	28.1 - 41.0	37,000	50.5%	43.7 - 57.3	53,000
NH Asian	7.4%	4.9 - 10.0	11,000	47.8%	42.4 - 53.2	73,000	44.8%	39.3 - 50.2	68,000
NH Native Hawaiian or Pacific Islander	-	- - -	-	39.8%	17.8 - 61.8	4,000	49.8%	27.3 - 72.3	5,000
NH American Indian or Alaska Native	-	- - -	-	* 42.0%	7.6 - 76.5	1,000	* 48.3%	12.7 - 83.9	2,000
NH Multi-Racial or Other Race	15.7%	10.4 - 21.0	11,000	48.4%	40.7 - 56.2	34,000	35.9%	28.3 - 43.5	25,000
<b>RESPONDENT CHARACTERISTICS</b>									
<b>Current Gender</b>									
Male	12.5%	10.5 - 14.5	66,000	39.4%	36.4 - 42.4	207,000	48.1%	45.0 - 51.1	253,000
Female	15.3%	13.8 - 16.9	142,000	42.6%	40.3 - 44.8	393,000	42.1%	39.9 - 44.3	388,000
Transgender male	-	- - -	-	-	- - -	-	-	- - -	-
Transgender female	-	- - -	-	-	- - -	-	-	- - -	-
Gender non-binary/non-conforming/Queer	-	- - -	-	70.1%	41.8 - 98.4	2,000	-	- - -	-
Another identity	-	- - -	-	-	- - -	-	-	- - -	-
Prefer not to state	16.7%	7.5 - 26.0	5,000	38.2%	26.5 - 49.9	12,000	45.1%	33.3 - 56.9	14,000
<b>Age Group</b>									
18-24	18.8%	12.7 - 24.9	15,000	43.5%	36.4 - 50.7	35,000	37.7%	30.9 - 44.4	30,000
25-29	9.3%	5.4 - 13.2	6,000	30.8%	23.4 - 38.2	21,000	60.0%	52.0 - 67.9	42,000
30-39	11.4%	9.2 - 13.5	46,000	38.7%	35.3 - 42.1	158,000	49.9%	46.4 - 53.4	204,000
40-49	14.6%	12.6 - 16.6	85,000	45.0%	42.1 - 47.9	263,000	40.4%	37.5 - 43.3	236,000
50-59	19.2%	16.0 - 22.5	45,000	43.8%	39.5 - 48.1	103,000	37.0%	32.8 - 41.1	87,000
60-64	13.8%	6.0 - 21.7	5,000	37.5%	26.7 - 48.4	14,000	48.6%	37.6 - 59.7	18,000
65 or over	10.8%	5.2 - 16.4	5,000	25.2%	17.6 - 32.9	12,000	64.0%	55.3 - 72.7	31,000
<b>Race and Ethnicity</b>									
Latinx	12.6%	11.1 - 14.1	107,000	38.9%	36.6 - 41.2	331,000	48.5%	46.1 - 50.8	412,000
Foreign born	10.7%	8.7 - 12.7	43,000	38.8%	35.3 - 42.2	156,000	50.5%	47.1 - 54.0	204,000
US born	14.2%	12.0 - 16.4	63,000	39.1%	36.0 - 42.2	174,000	46.7%	43.5 - 49.9	208,000
NH White	23.2%	19.7 - 26.7	67,000	47.4%	43.2 - 51.6	137,000	29.5%	25.7 - 33.3	85,000
Foreign born	18.1%	11.0 - 25.1	12,000	39.1%	30.2 - 48.0	25,000	42.9%	33.8 - 52.0	28,000
US born	24.7%	20.7 - 28.6	56,000	49.7%	44.9 - 54.4	112,000	25.7%	21.6 - 29.7	58,000
NH Black or African American	15.7%	11.0 - 20.3	17,000	30.4%	24.2 - 36.5	33,000	54.0%	47.3 - 60.7	59,000
Foreign born	-	- - -	-	* 19.0%	4.5 - 33.4	3,000	78.8%	64.0 - 93.6	11,000
US born	17.6%	12.4 - 22.7	17,000	32.0%	25.3 - 38.6	31,000	50.5%	43.3 - 57.6	48,000
NH Asian	7.8%	5.3 - 10.2	14,000	48.5%	43.5 - 53.6	86,000	43.7%	38.7 - 48.8	78,000
Foreign born	6.2%	3.8 - 8.6	8,000	46.9%	41.1 - 52.7	64,000	46.9%	41.1 - 52.7	64,000
US born	13.0%	6.3 - 19.8	5,000	54.0%	43.8 - 64.2	22,000	33.0%	23.6 - 42.4	13,000
NH Native Hawaiian or Pacific Islander	-	- - -	-	35.3%	16.4 - 54.2	4,000	54.0%	34.1 - 73.8	7,000
NH American Indian or Alaska Native	-	- - -	-	* 32.2%	0.4 - 64.0	1,000	-	- - -	-
NH Multi-Racial or Other Race	17.7%	8.3 - 27.1	5,000	51.7%	39.1 - 64.4	14,000	30.6%	18.4 - 42.8	8,000
<b>Education</b>									
Less than high school	10.7%	8.2 - 13.2	26,000	37.2%	32.9 - 41.5	91,000	52.1%	47.7 - 56.5	128,000
High school	11.0%	8.6 - 13.5	27,000	35.5%	31.5 - 39.5	88,000	53.4%	49.3 - 57.6	133,000
Some college or trade school	13.0%	10.9 - 15.2	56,000	38.7%	35.4 - 42.0	167,000	48.3%	44.9 - 51.7	208,000
College or post graduate degree	18.4%	16.1 - 20.6	102,000	48.1%	45.1 - 51.0	267,000	33.6%	30.8 - 36.4	187,000

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	Percent	95% CI	Estimated #	Percent	95% CI	Estimated #	Percent	95% CI	Estimated #
<b>Federal Poverty Level</b>									
0-99% FPL	11.7%	9.6 - 13.8	34,000	32.7%	29.4 - 36.1	95,000	55.5%	52.0 - 59.0	162,000
100%-199% FPL	12.6%	10.3 - 14.8	56,000	37.4%	33.9 - 40.8	167,000	50.1%	46.5 - 53.6	224,000
200%-299% FPL	13.3%	10.1 - 16.5	28,000	41.4%	36.8 - 46.0	88,000	45.3%	40.6 - 50.0	97,000
300% or above FPL	17.7%	15.4 - 19.9	94,000	49.5%	46.5 - 52.4	264,000	32.9%	30.1 - 35.6	175,000
<b>Supervisorial District</b>									
District 1	13.0%	10.5 - 15.5	36,000	38.1%	34.4 - 41.8	106,000	48.9%	45.0 - 52.7	136,000
District 2	13.5%	10.9 - 16.0	43,000	40.3%	36.5 - 44.1	130,000	46.2%	42.4 - 50.1	149,000
District 3	16.8%	13.5 - 20.2	44,000	43.6%	39.0 - 48.3	113,000	39.5%	34.9 - 44.2	102,000
District 4	13.0%	10.7 - 15.3	45,000	39.3%	35.8 - 42.9	134,000	47.6%	44.0 - 51.2	163,000
District 5	15.9%	12.8 - 19.0	45,000	46.2%	42.1 - 50.3	132,000	37.9%	33.9 - 41.9	108,000
<b>Service Planning Area</b>									
Antelope Valley	11.4%	7.9 - 14.9	9,000	39.1%	33.9 - 44.4	31,000	49.4%	44.0 - 54.9	40,000
San Fernando	15.0%	11.8 - 18.2	48,000	44.5%	39.9 - 49.1	142,000	40.5%	36.0 - 45.0	129,000
San Gabriel	14.6%	11.8 - 17.3	36,000	44.0%	40.2 - 47.8	109,000	41.4%	37.6 - 45.2	102,000
Metro	17.0%	12.2 - 21.7	22,000	40.9%	34.7 - 47.2	54,000	42.1%	35.9 - 48.3	55,000
West	23.2%	18.0 - 28.5	16,000	43.7%	37.5 - 49.8	30,000	33.1%	27.4 - 38.8	23,000
South	12.2%	9.5 - 14.9	23,000	36.1%	31.7 - 40.5	68,000	51.7%	47.2 - 56.2	98,000
East	12.5%	9.8 - 15.1	27,000	39.1%	35.0 - 43.3	84,000	48.4%	44.2 - 52.6	105,000
South Bay	13.5%	10.2 - 16.8	32,000	41.1%	36.1 - 46.1	97,000	45.4%	40.3 - 50.5	107,000
<b>Health District</b>									
Alhambra	18.6%	11.3 - 25.8	8,000	43.0%	34.4 - 51.6	19,000	38.4%	29.9 - 46.9	17,000
Antelope Valley	11.4%	7.9 - 14.9	9,000	39.1%	33.9 - 44.4	31,000	49.4%	44.0 - 54.9	40,000
Bellflower	14.4%	7.5 - 21.3	7,000	45.0%	34.8 - 55.3	23,000	40.5%	30.5 - 50.6	21,000
Central	* 15.1%	3.7 - 26.5	5,000	38.4%	22.7 - 54.1	12,000	46.5%	30.9 - 62.2	15,000
Compton	* 9.7%	3.5 - 15.9	5,000	29.1%	19.1 - 39.1	14,000	61.2%	50.6 - 71.8	30,000
East LA	-	- - -	-	27.7%	14.4 - 40.9	7,000	65.7%	51.8 - 79.7	18,000
East Valley	* 11.2%	3.2 - 19.3	5,000	50.0%	36.8 - 63.2	22,000	38.8%	25.8 - 51.7	17,000
El Monte	* 9.0%	2.5 - 15.5	4,000	46.8%	35.6 - 58.0	22,000	44.2%	33.1 - 55.4	21,000
Foothill	21.7%	13.7 - 29.8	10,000	41.5%	32.5 - 50.5	19,000	36.8%	27.9 - 45.7	17,000
Glendale	23.8%	12.7 - 34.8	10,000	44.7%	32.0 - 57.4	18,000	31.5%	19.2 - 43.9	13,000
Harbor	* 11.0%	2.0 - 20.0	3,000	29.0%	16.2 - 41.7	8,000	60.0%	45.8 - 74.3	17,000
Hollywood-Wilshire	17.2%	8.1 - 26.4	8,000	47.5%	35.8 - 59.2	21,000	35.3%	24.4 - 46.1	16,000
Inglewood	13.9%	7.1 - 20.7	9,000	40.0%	30.0 - 50.1	27,000	46.1%	35.7 - 56.6	31,000
Long Beach	15.5%	10.0 - 21.1	11,000	40.5%	32.3 - 48.7	28,000	44.0%	35.7 - 52.4	30,000
Northeast	17.9%	12.6 - 23.2	10,000	37.0%	30.3 - 43.7	20,000	45.1%	37.9 - 52.4	24,000
Pasadena	* 20.7%	6.4 - 34.9	3,000	56.6%	38.7 - 74.5	9,000	* 22.7%	7.7 - 37.8	4,000
Pomona	11.0%	8.7 - 13.3	10,000	42.2%	37.5 - 47.0	39,000	46.8%	42.0 - 51.6	43,000
San Antonio	14.0%	11.6 - 16.5	12,000	36.3%	32.8 - 39.9	32,000	49.6%	45.9 - 53.3	44,000
San Fernando	9.8%	4.8 - 14.9	9,000	46.1%	37.3 - 54.9	43,000	44.0%	35.2 - 52.8	41,000
South	14.3%	7.9 - 20.7	7,000	36.1%	26.4 - 45.8	17,000	49.6%	39.7 - 59.6	23,000
Southeast	9.0%	5.2 - 12.8	3,000	41.5%	32.3 - 50.6	14,000	49.5%	40.6 - 58.4	17,000
Southwest	14.4%	10.2 - 18.6	8,000	38.9%	32.8 - 45.0	23,000	46.7%	40.6 - 52.9	27,000
Torrance	12.2%	6.0 - 18.4	8,000	47.8%	38.5 - 57.2	33,000	39.9%	30.7 - 49.2	28,000
West	23.2%	18.0 - 28.5	16,000	43.7%	37.5 - 49.8	30,000	33.1%	27.4 - 38.8	23,000
West Valley	17.0%	12.2 - 21.8	24,000	41.7%	35.2 - 48.2	59,000	41.3%	34.9 - 47.7	58,000
Whittier	* 10.9%	3.9 - 17.8	5,000	44.1%	33.4 - 54.8	22,000	45.0%	34.3 - 55.7	22,000

Source: 2023 Los Angeles County Health Survey; Office of Health Assessment and Epidemiology, Los Angeles County Department of Public Health.

Note: Estimates are based on data collected from a random sample of 7,391 Los Angeles County children, representative of the child population in Los Angeles County. Data were reported by an adult sufficiently knowledgeable about the health and daily routines of the child. The 95% confidence intervals (CI) represent the variability in the estimate due to sampling; the actual prevalence in the population, 95 out of 100 times sampled, would fall within the range provided.

\*The estimate is statistically unstable (relative standard error >30%) and therefore may not be appropriate to use for planning or policy purposes.

-For purposes of confidentiality, results with cell sizes less than 5 are not reported.

1. NH = Non-Hispanic (excludes any mention of Hispanic). Latinx includes respondents of any race. Race and ethnicity is recoded based on the Los Angeles County Department of Public Health Standard of Practice for collecting and reporting race and ethnicity data.

2. Based on U.S. Census 2022 Federal Poverty Level (FPL) thresholds which for a family of four (2 adults, 2 dependents) correspond to annual incomes of \$27,750 (100% FPL), \$55,500 (200% FPL), and \$83,250 (300% FPL). [These thresholds were the values at the time of survey interviewing.]